



PE Layer 1: Whole-school Long-term Plan



Invasion games, Striking and fielding, Athletics, Dance, Gymnastics, OAA, Swimming

Term	Reception		Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
A1	Fundamentals	TIG	Tag Rugby	Gymnastics	Handball Forest school	Gymnastics	Tag Rugby	Gymnastics	Handball	Gymnastics	Tag Rugby	Gymnastics	Handball	Gymnastics
A2	Gymnastics	Dance	Dance	Ball Skills (boccia goalball)	Dance	Ball Skills (Basketball)	Dance	Netball	Dance Forest school	Basketball	Dance	Netball	Dance	Basketball
S1	Fitness	Ball Skills (Boccia) goalball	Football	Gymnastics	Hockey	Dodgeball	Football	Gymnastics	TIG (OAA) (24/25)	Dodgeball Swimming	Hockey Forest school	Gymnastics Swimming Forest school	Ultimate frisbee	Dodgeball Swimming
S2	Gymnastics	Dodgeball	Dodgeball	TIG	Gymnastics	OAA	Dodgeball Forest school	Hockey Forest school	Gymnastics	OAA American football (24/25)	Dodgeball	American football	Gymnastics	OAA
S1	Dance	Football	Cricket Forest school	Dance Forest school	Tennis	Dance	Cricket	Dance	Tennis	Dance	Cricket	Dance	Tennis	Dance
S2	TIG Forest school	Athletics Forest school	Athletics	OAA	Rounders	Athletics	Athletics	OAA	Rounders	Athletics	Athletics	OAA	Rounders	Athletics

Additional documents you might need

[Layer 2 – progression of knowledge and skills](#)

[Booking resource](#)

[Equipment list](#)

[Upcoming competitions](#)